

Bottle Preparation Procedure

This procedure is in place to establish safe practices with regard to formula milk preparation within the nursery.

In accordance with the guidelines on safe practices from the NHS and DOH, and to reduce the risk of bacterial growth current guidance recommends that:

- Formula milk powder is measured out correctly at home and stored in individual containers before being brought into nursery. Along with a sterile bottle labelled with your child's name.

- Formula feeds are prepared immediately before they will be used.

Alternatively parents can provide the ready-made cartons or bottles of feed for use which will be stored in the fridge. If parents prefer they can provide bottles of cooled boiled water which will also be stored in the fridge.

On entering the nursery any sterilised empty bottles will be labelled and placed on the shelf in your Childs basket

Team members will:

Step 1	Clean and disinfect the area you are going to use, Wash your hands and put on a white apron.
Step 2	Unscrew the lid off the Childs bottle and fill the bottle with the correct amount of water needed. Use the flasks to fill up the bottles.
Step 3	Add the formula milk powder in the bottle while the water is still hot, place the lid back on the bottle and shake until the powder is fully dissolved.
Step 4	Cool the formula feed by placing it into a jug of cold water
Step 5	Test the temperature of the formula feed on the inside of your wrist before giving it to the baby. It should be body temperature which means it should feel warm or cool but not hot.
Step 6	When the feed is at the correct temperature for the baby wash your hands and feed the baby the formula. Always make sure the baby has a clean bib on before the feed.

Step 7	Rinse out the bottle and place the empty bottle into the Childs basked or bag.
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Any feed not used within 1 hour of it being made will be discarded.

This policy was adopted on	Signed on behalf of the nursery	Date for review
<i>September 2022</i>	<i>Emilia Olkowska</i>	<i>September 2023</i>